

BRIDGE TO RECOVERY

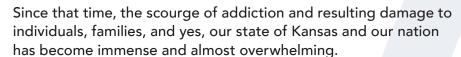
A capital campaign to expand and renovate Valley Hope of Atchison



Honorary Campaign Chairman

Senator Pat Roberts - It's a privilege for me to give my strong endorsement and support for Valley Hope's upcoming **BRIDGE TO RECOVERY** capital campaign in Atchison.

My personal involvement with the compassionate care and <u>effective</u> treatment for those struggling with addiction by Valley Hope goes back many years. I first became familiar with Valley Hope when I had the privilege of working with the Honorable Keith Sebelius as his chief of staff. Congressman Sebelius served on the Board of Directors and was key in writing the articles of incorporation.





The good news is that Valley Hope is making a difference! I have seen firsthand the positive effects that Valley Hope has achieved. I am confident that this capital campaign will enable them to continue and expand their important and vital work for now and years to come.

Together, we can make a difference in the lives of so many struggling with addiction.

Honorary Co-Chairs



Karen Seaberg - Rick Berger and I are excited and honored to be a part of the **BRIDGE TO RECOVERY** campaign to relieve overcrowding and better accommodate patients in Atchison.

The renovation of Valley Hope of Atchison is very important to me personally. My grandfather and father knew there was need for a treatment facility in Northeast Kansas and Northwest Missouri and gave both their time and monetary support to help Valley Hope of Atchison. As with most families, my

family has seen those we love struggle with substance abuse. The need for treatment is even greater today, and Valley Hope desperately needs more room to help patients and their families reach sobriety in a safe, comfortable space.



Rick Berger - Drug and alcohol overdose deaths in Kansas have seen the nation's second largest percentage increase in the last 3 years, second only to Alaska according to the CDC. It is critical for us to address this problem.

Like most people, I have had family and friends that suffer from alcohol and drug addiction. I lost an uncle and a great-uncle to alcoholism and most recently a nephew to drug addiction. It is a horrible disease and one that needs to be addressed. I want to do my part in helping people overcome their addiction.

I am committed to the mission of helping this project come to fruition and we need your support.

COLLABORATIVE TEAM APPROACH

- Registered Nurses, Physicians, Psychiatrists
- Licensed Clinicians
- Full-Time Spiritual Advisors
- Dedicated Alumni Coordinators



THE VALLEY HOPE WAY

Bridging the gap between addiction and recovery

- Evidence-Based Quality Care
- Nationally Recognized & Accredited
- Collaborative Team Approach
- Individualized Treatment Plans
- 24/7 Admission
- On-Site Detox & Medical Supervision
- Telehealth Outpatient Program
- Reasonable Cost for Patients & Families
- Treatment Grounded in 12 Steps
- Veteran Treatment Services
- Co-Occurring Services
- Coordination of Care & Case Management
- Family Counseling & Support
- Lifelong Recovery Support

Valley Hope of Atchison by the Numbers

97,000 Family members helped since 1972

43,400 Patients served since 1972

2,500 Alumni program members

2,100 Family program participants, annually

1,825 Education workshops, annually

1,140 Number of patients in our care, annually

250 Chapel services, annually

92 Full time and part time staff members

"I'm not sure where
I'd be if I hadn't gone
to Valley Hope. My life
was a mess and I was
spiraling downward
fast. They helped
me out of the
grip of addiction

and toward a wonderful life. Valley Hope saved my life."

- Maggie

A \$6.8 MILLION CAMPAIGN

PHASE ONE - \$5,350,000

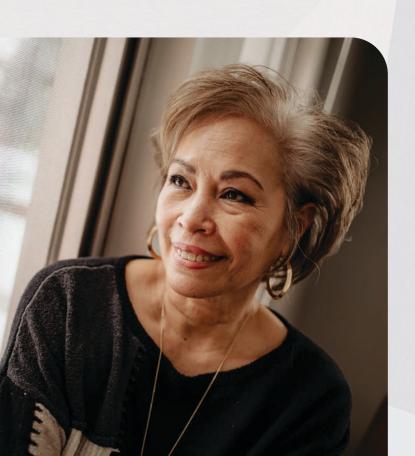
Renovation of newly acquired building to create a Clinical Care Center, courtyard, and bridge.

PHASE TWO - \$1,450,000

Renovation of the existing residential building to include nursing, detox, admissions suite, and lower level patient lounge.

"Each individual in our care is treated with the utmost dignity and respect. We've helped thousands with such little space. I'm excited to experience and facilitate treatment in our new Clinical Care Center."

Clinical Director



BENEFITS OF EXPANSION

- Increased Patient Comfort & Privacy
- Expanded Detox & Medical Area
- Indoor Recreation Area
- Outdoor Courtyard
- Expanded Counseling Areas
- Expanded Group Therapy Rooms
- Dedicated Art Therapy Room
- Higher Patient Satisfaction
- Higher Staff Satisfaction
- Quiet and Private Admission Area
- Room for Alumni Events
- Improved Safety

"We want our patients to have more room to heal physically, mentally, and spiritually."

Medical and Clinical Team

The Master Plan

Expanded Parking

Expansion of New Clinical Care Center

- 10 counselor offices
- Spiritual advisor offices
- Group therapy rooms
- Patient lounging areas
- Art therapy room
- Lecture hall
- Gymnasium



Renovation of Residential Building

- Dedicated Admissions Suite on Main Floor
- Expanded Nursing & Detox on Main Floor
- Lounging & Dining Area

Addition of Outdoor Courtyard & Connecting Bridge

Valley Hope restores lives affected by addiction and supports lifelong recovery.

"We understand the importance of physical health. An indoor gym will be great for our patients in colder weather months."

Executive Director

"I am looking forward to the chapel no longer being a multi purpose space."

Chaplain

"Our monthly Alumni Renewal Day events are wonderful and there is always 'standing room only.' It will be great to have a large space for events."

Alumni Coordinator

"The new admission area will provide comfort and privacy for our patients and family members anxiously arriving to the center. The detox and nursing station expansion will provide quiet space for those withdrawing from substances."

Director of Nursing

"Valley Hope is accredited and HIPAA compliant. The expansion of our admissions area, centralized nursing station and detox will allow space for private assessments, exams, medication disbursement, and a quiet area for private conversations."

Medical Director





Ways To Make A Gift:

- Cash
- Stocks, Bonds
- Real/Personal Property
- Trusts
- Insurance Policies
- **Individual Retirement Accounts**

We encourage you to discuss these gift-giving options with your financial advisor and select the most effective way to make a charitable donation.



My Giving Potential		
PER MONTH	PER YEAR	3-YEAR TOTAL
\$125	\$1,500	\$4,500
\$250	\$3,000	\$9,000
\$500	\$6,000	\$18,000
\$1,000	\$12,000	\$36,000

We welcome you to join our community of support.



Megan O'Connor

Executive Director

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Valley Hope Foundation

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valleyhope.org

Valley Hope Foundation's mission is to secure charitable gifts to support Valley Hope Association and their patients, families, programs, and treatment centers. Valley Hope Association and Valley Hope Foundation are 501(c)(3) nonprofit organizations under the IRS Code. Valley Hope Foundation is further designated as a supporting organization. Valley Hope Association Foundation EIN: 48 1236586



OUR PROMISE

At Valley Hope, we understand the devastating toll addictive substances take on people, their families, and relationships. We've seen productive lives and promising futures destroyed by this relentless, unforgiving disease.

We are steadfast in our belief and dedicated to the idea that recovery is possible. With our help, people struggling with addiction can once again become the people they were meant to be.

By embracing patients with dignity and respect, we empower them to respect themselves. With access to Valley Hope's treatment techniques, delivered in a caring, personalized, and spiritual environment, they learn to manage their illness, climb out of the valley of addiction, and return to a life full of promise and hope.

HOPE FOR LIFE

